Rainbow Ridge Presents: ADVENTURES IMAG-IN-ED

INSTRUCTIONS

- Each pdf contains an outline and guidance for creating transportive experiences at home. These adventures are described as an attempt at complete immersion, and you can adapt how involved you dive based on your own mental bandwidth in that moment- there is no wrong level of interpretation. Do as much or as little as you desire.
- The included ideas are only suggestions, and every user should feel comfortable tailoring the experience to your own tastes and preferences. Consider these offerings a place to start- where you end up is wherever your imagination wants to take you!
- For brainstorming assistance or personalization tips feel free to reach out with questions. And we'd love to see your pictures if you choose to take this trip!

Send us an email or tag us on Facebook! <u>leighlafosse@gmail.com</u>

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ADVENTURE #47: "VEGAS, BABY!"

This date can be crafted as a romantic getaway, a personal spa day, or a family escape.

PREPARATION

- Consider a mental layout of your home space and decide where your events will take place. For this adventure it is helpful to have a hallway (Airplane), a Casino space (Tasting Menu/Games/Show), bathroom space (Spa elements), and bedroom space (Hotel Room). If your goal is to create a surprise event, ask other participants to remain in a certain space while you execute the final stages of setup.
- Determine the type of tasting event you are comfortable creating.
 - For this example we will be doing a wine tasting, but you could also do a tasting of different brands of sparkling lime water, fruit juices, or any beverage you prefer. It can be fun to cover the bottles with duct tape or hide them in paper bags if you want to create a 'blind tasting' experience.
 - Our example finger food pairing will be based on simpler recipes from The French Laundry (recipes included in Appendix), but you could also purchase a few odd cheeses or interesting frozen appetizers as a replacement option to cooking. The goal here is to bring flavors into you home that you might not otherwise have been exposed. You'll prepare as much as possible before starting the adventure- ready to pop into the oven when you begin.
- Decorate your Casino space. This can be as simple as scattering cards on the kitchen table, closing blinds/curtains, using the entertaining dishes, tablecloths, special glasses-just whatever small elements can make the space feel slightly different from daily.
- Create airplane tickets to print at home. See fillable image included in Appendix or use an online 'fake ticket generator'. Prepare your phone with links to "Airport Noise", "Safety Briefing" and "Landing Sounds". (A few links provided in Appendix.)
- Construct your 'Airplane' by taking chairs or benches and setting them up in a hallway suggestive of airplane rows- include belts, ropes- something to serve as seatbelts. Print or draw pictures of airplane windows to tape to the walls. We also included a magazine, crossword puzzle, and bagged snack under the seats.
- Devise your fake Hotel Receipt. For this example we will be staying at the Bellagio, but you could replace the logo with your preferred hotel. (Receipt included in Appendix.) We created price points for the different activities we intended to provide during the adventure, which also served as a suggested itinerary for whomever is participating. You'll set this receipt on the hotel bed(s).

- Make small adjustments to bathroom/bedroom space to create a hotel vibe. Roll the towels and set them in a different location. Put a few toiletries on a tray. Include ribbons or mints on the beds, or any other elements you would like to add. If you have access to a different scent- candle, incense- make the space smell unlike every day.
- Select the 'Main Events'. For this example we will be including tickets to see David Copperfield, a throw-back Vegas magician. The show can be viewed via YouTube on a laptop or TV. We also included a deck of cards for Blackjack, and our overflow of Safeway monopoly tickets to open.;) You could buy lottery tickets to scratch off, play some intensive Go Fish, a puzzle race with money on the line, or any variety of game.
- Set out clothing/costumes for anyone participating. Option of packing an overnight bag for authenticity.

LET'S BEGIN!

Make sure your decorations are in place and the food is prepped and ready to go

Step One: Time to Catch the Flight

- Put on your selected outfit, grab your airplane tickets, and run excitedly to the other participants. "OHMIGOSH, I can't believe it- we just won a last-minute getaway package to LAS VEGAS!!! But we have to run if we're going to catch our flight!" Encourage them to wear the outfit you selected or have them pick their own. Everyone meets back by the airplane hallway where you will be blasting the 'Airport Noise' soundtrack.
- Once you've collected your participants, hand them a ticket and board your airplane. Everyone takes a seat, play the 'Safety Briefing' on your phone. Flight begins. Create airplane banter, time to start a puzzle... you can pretend to ask the flight attendant for a drink and snack, pull those from under your own seat and hand them out. When you feel it's time to end the flight you can play 'Landing Sounds' and then exit the plane.

Step Two: Check into the Hotel

• Lead the way to the hotel room(s). Exclaim 'Wow, this place is amazing! I love the <xyz>!" Notice the receipt on the bed and apologize that it's already out. Say that the getaway package only covered a few things and you decided to go ahead and splurge on some extras. For our example we included a Bath Package, a Massage Package, a Tasting Package, and the show tickets. After the room has been initially explored suggest that it's time to head into town for the Tasting Package.

Step Three: Food/Drink

- When you reach the tasting location, pop any last-minute items into the oven and describe what is about to happen. "Today I requested the <xvy> tasting/pairing! It includes.... <talk through the items you selected, mention the blind aspect if that is included.>
- Enjoy the flavors, talk about the different tastes, try to guess the brands or bottles. For this example we opted on a white wine tasting, since we felt those bottles would keep

longer in the fridge when the two of us failed to consume three bottles in a sitting.;) We paired them with gougeres (a French cheese pastry puff) and meatballs based on recipes from The French Laundry. We also included some local cheeses, sourdough bread, kimchi, and chocolates.

Step Four: Play Games/Watch the Show

- Play your games with as much enthusiasm as you can! If you work to create an atmosphere of excitement and energy it'll fuel the imagination and help maintain momentum.
- Turn on whatever show you selected and watch a segment of the performance. Don't feel that you have to watch the full show, just as much as holds immediate interest.

Step Five: Back to the Hotel

• This is the most divergent step depending on if you're hoping for a romantic, personal, or family adventure day. Plan to engage in any of the Spa elements you developed that appeal to you and your situation. Pamper yourself with a bubble bath or long shower, play traditional spa music, light candles, use a different body wash, maybe include a pedicure/manicure. Offer massages, facemasks (can be made at home- link included in Appendix, fun project for a family as well.) If you have robes this is a perfect excuse to wear them. Crawl into bed while the sun is still out, enjoy a chapter from a book, take a nap, or connect with your partner. Make this mental space important-relax in whatever ways fit your current situation.

We hope you enjoyed your day in Vegas! (And the best part- no return travel to get back home!)







APPENDIX

Recipe Links: <u>https://kirbiecravings.com/french-laundrys-gougeres/</u> <u>http://blog.misselisabeths.com/delicious-recipes/2009/12/10/ad-hoc-meatballs.html</u>

Airplane Materials: Airplane Tickets: http://omatic.musicairport.com

Airport Noise: https://www.youtube.com/watch?v=zQG5OdBnYfA

Safety Briefing: https://www.youtube.com/watch?v=LXb28mVZiJo

Landing Noise: https://www.youtube.com/watch?v=KAWxjtOtVcY

David Copperfield Video Link:

https://youtu.be/fLCAlGLf3WY

Possible homemade facemasks:

https://www.thehealthy.com/beauty/face-body-care/homemade-facial-masks-recipes/



		Room No. Conf No: Arrival: Departure:	06126 703847392 05/03/2025 05/04/2025
DESCRIPTION	CHARGES	CREDITS	
Deposit Applied		\$	\$1500
Honeymoon Suite	\$623.91		
Bath Package	\$125.00		
Massage Offer	\$300.53		
Private Wine Tasting	\$250.00		
Show Tickets	\$400.84		
Total CHARGES	\$1,700.28	3	
Amount owed	\$200.28		
Xxxxxxxxxxxxxxxxxxxx7854 xx/xx TAXES VISA CREDIT XXXXXXXXXXXXXXXXXX7854	\$287.65		

TOTAL USD \$487.93

<EXPRESS CHECKOUT>